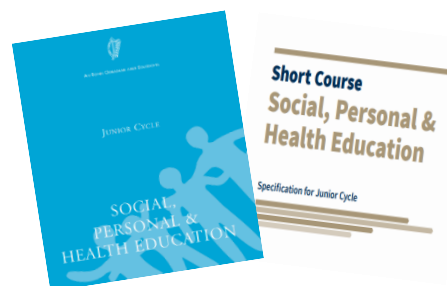


Post Primary Mental Health Seminar event



The PDST Health and Wellbeing Team are delighted to offer our Mental Health seminar event. This is a full-day face-to-face event which is supported with substitution cover by the Department of Education. It is suitable for all SPHE teachers.

This seminar offers SPHE teachers an opportunity to explore teaching, learning and assessment approaches when engaging with the topic of Mental Health through the SPHE Specification at Junior Cycle and the SPHE Curriculum at Senior Cycle. It aims to build confidence and competence among SPHE teachers, affirm good practice and signpost resources and referral channels to support appropriate facilitation of these lessons.

Registration for this CPD will be open on www.pdst.ie on April 4th at 9am.

Participants are asked to download a copy of the Mental Health Learners Log which will be sent to you via the PDST admin base one week prior to the event. It may also be helpful to access the SPHE Curricular Resources which are available for download from our website at <https://www.pdst.ie/post-primary/health-wellbeing/sphe>

The event will be limited to 24 participants and places will be allocated on a first come first served basis.

Register for one of the following events:

Date	Venue	Time
May 5 th	Cork Education Centre	9.30am – 3.30pm
May 5 th	Galway Education Centre	9.30am – 3.30pm
May 10 th	Dublin West Education Centre	9.30am – 3.30pm
May 10 th	Navan Education Centre	9.30am – 3.30pm
May 11 th	Blackrock Education Centre	9.30am – 3.30pm
May 31 st	Kilkenny Education Centre	9.30am – 3.30pm

Register to attend this seminar at www.sphe.ie