



PHYSICAL LITERACY SEMINAR 4

MOVE WELL, MOVE OFTEN

DEVELOPING PHYSICAL LITERACY THROUGH MOTIVATION AND CONFIDENCE

Seminar 4 focuses on developing children's motivation and confidence to participate in physical activity for life. Two teachers are welcome to attend this seminar. Participants will explore a variety of strategies to develop motivation and confidence that can be easily implemented in PE, leading to improved participation in the PE lesson and in physical activity within and outside of school. Developing motivation and confidence is a key element of every child's physical literacy development.

TWO TEACHERS PER SCHOOL ARE INVITED TO ATTEND THIS PRACTICAL SEMINAR.

The Department of Education will provide substitute cover where required.

2022

OCTOBER
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NOVEMBER

REGISTER TO ATTEND THIS SEMINAR AT
www.pdst.ie/onlinebooking